

Substance Abuse and Mental Health Task Force Meeting Minutes

Date: Thursday, February 11, 2016



Participants present: Charlene Eck, Norman Shanks, Debby Pizur, Krystal Rafenstein, Laura Engel, Heather Hanson, Ashley Beison

1. Introductions

- a. The task force welcomes Ashley Beison an intern from Carthage College and Heather Hanson a student nurse from UW Greenbay

2. Updates on and plan forum: March 10

- a. The open forum is scheduled for March 10 at 6:00PM (doors open at 5:30 pm) at the CHS.
- b. Panel Members will include:
 - i. School social Worker: To be determined
 - ii. Law enforcement: Officer Joe Zblewski
 - iii. AODA Counselor/Behavior Health Professionals: Paul Zernisek (Aurora)
 - iv. Rise Together
- c. Approval of Flyer: All approve, with the addition of the Project Concern log
- d. Action items/messages for parents to take away from forum
 - i. Clean out old/unused medications
 - ii. Where to dispose of medications
 - iii. How to monitor friends/media your teens use
 - iv. How to communicate with your teen
- e. Surveying the audience: Team agrees to have paper surveys available for participants to complete if willing
- f. Q&A portion of presentation: To have note cards to ask questions in an anonymous manner.

Action Items:

1. Krystal to add Project Concern logo to flyer
2. Krystal to send out final flyer to team once complete

3. Light and Unite Red

- a. Complete: our outreach and efforts reached 1,198 community members
- **Action Item:** None

4. Individual Reports

- a. Overdose discharge toolkit is still in progress. The CHD still has many Cable Gun Locks available. Please share this information with those in your networks.
- b. Medication pick up for homebound community members
 - i. Debby reported that 119 homes have meals delivered
 - ii. Debby Pizur and Krystal to meet to discuss details
 - iii. Krystal asks task force members to write letters of support for the project
- c. Dementia Friendly Community:
 - o Planning to begin after the Mental Health and Substance Abuse Forum

- d. Aurora hosting a fund raising event “Generations of Pride” to be held Friday May, 6. See link: <https://give.aurora.org/generationsofpride-rsvp> The event will help raise money to construct a room that will serve to help the behavioral health unit.

5. 2016 Goal Setting:

Goals

1. Promote responsible use of alcohol among teens and parents (**ONGOING**)
 - By 2020 the city of Cudahy will have a social hosting ordinance
2. Increased community awareness of available resources for substance abuse and mental health
 - By 2020 the Substance Abuse and Mental Health Task Force will develop and distribute an easy to use brochure listing community resources for substance abuse and mental health (**COMPLETE**)
3. Development of collaborative and sustainable programs between the Cudahy School System and other agencies to address mental health and AODA issues
 - By 2020 the Cudahy School system will develop a collaborative framework with community mental health education/behavioral strategies to educators and school system employees
 - The Cudahy School district is moving forward with trauma informed care education for school personnel
4. By 2020 the task force will host an open forum or panel discussion/presentation to address alcohol abuse and related behaviors, targeted towards parents, teens and other community members.

- **Action Items:**

- Krystal will contact Lt. Blunt and Julia Sherman to review the next steps for developing a social hosting ordinance in Cudahy

Next Meeting will be held at the Cudahy Health Department on March 10, 2016 at 8:00AM.

Summary of Action Plan

Action Item	Status Update
Krystal to add Project Concern logo to flyer	Complete
Krystal to send out final flyer to task force for distribution	In progress
Krystal to contact Julia Sherman to present information on social host ordinance in April	In progress