

# Substance Abuse and Mental Health Task Force Meeting Minutes

Date: Thursday, January 14, 2016



*Participants present:* Lauren Barber, Charlene Eck, Norman Shanks, Debby Pizur, Randy Kohl, Jenny Shohoney, Dennis Banach, Abby Demler, Lisamarie Arnold, Beshir Eester

## 1. Introductions

- a. The task force welcomes Beshiv and Lisamarie from the Milwaukee County Department of Aging and Charlene from the City of Cudahy.

## 2. Updates on and plan forum: March 14

- a. The open forum is tentatively scheduled for second week in March at 5:30/6:00PM at the CHS.
- b. Ideas for panel members:
  - i. School (social worker or behavior health professional if possible, alternative connections?)
  - ii. Law enforcement
  - iii. Pharmacist
  - iv. AODA Councilor
  - v. Parent
  - vi. Behavior Health Professionals
  - vii. Aurora (See note below)

### Action Items:

1. Dennis will confirm space at the CHS, if there is not space he will check at the middle school.
2. Norman will discuss with his colleagues at Aurora if needed

## 3. Light and Unite Red

- a. The “Purple Project” is now being updated to “Light and Unite Red” during the last week in January due to high cost and low availability of purple light bulbs.
- b. Mitchel Park Domes, Mitchel Interchange, and other various agencies and organizations in Milwaukee County will be participating. The final event is hoping to involve the Milwaukee Bucks, but there is currently no confirmation on this.
- c. There will be a “Drug of the Day” shared and scavenger hunts at the Milwaukee Domes. More information will be shared as it becomes available.
- d. Milwaukee County is hoping to purchase small gifts (such as wrist band) for children who wear red on

- **Action Item:** None

## 4. Individual Reports

- a. Overdose discharge toolkit is still in progress. Lauren will investigate alternative therapies. There is a pain management clinic available in the Cudahy Area, but the connection with Rx's to control overdosing and reoccurring visits is uncertain. Visit <http://dsps.wi.gov/pdmp/> to view the Wisconsin Prescription Drug Monitoring Program.
- b. The CHD still has many Cable Gun Locks available. Please share this information with those in your networks.
- c. Medication pick up for homebound community members

- i. Debby reported that 119 homes have meals delivered
    - ii. The TF shared outreach opportunities to share that CHD can dispose of Sharps and Medication at no cost. Locations mentioned include: Kelly Senior Center, Rec Dept Flyer, The Now News, Project Concern newsletter, Neighborhood Watch, Block Watch, Interfaith newsletter, Cudahy Schools
  - d. Dementia Care Specialists:
    - i. The Aging and Disability Resource Center of Milwaukee is redesigning to become a more Dementia Friendly/Capable community. No Cost for the program.
    - ii. Memory Cafes, Memory Connection Centers (HUBS), Language enriched exercise plus socialization (LEEPS) program, and Resource center will be working together in communities to provide resources for those with dementia, caregivers, family, and friends. They have partnered with larger organizations: Alzheimer's association, Milwaukee Public Museum, UW-Madison School of Medicine and Public Health, and ADRC.
    - iii. Cafes are not a support group, but are a way to reintroduce those with dementia into the community. The cafes will help to raise awareness on dementia within the community and lower/eliminate the stigma of dementia. These are meant for people to socialize and share stories together. Cafes will be hosted at various social locations throughout the community (i.e. coffee shop, diner, tavern)
    - iv. HUBS will be located in community libraries and library staff will be able to provide the knowledge, resources, support, and programs necessary to prepare and/or support families and individuals for the challenges associated with dementia. Other information will be offered: Support groups, counseling, and other educational workshops.
    - v. Pilot programs are being offered in Greendale. Cudahy is looking to becoming a dementia capable community.
    - vi. DPI brought a curriculum and will train on the dementia friendly toolkit. Music and memory pieces are hoping to integrate into middle and high schools to educate students.
- **Action Items:**
  - Krystal to attend the Neighborhood Watch meeting on 1/27/16 at 6PM at St. Luke's South Shore to raise awareness of the Sharps and Medication Disposal programs at CHD.
  - Krystal to contact Debby for addition to Project Concern Newsletter.

**5. 2016 Goal Setting:**

**Goals**

1. Promote responsible use of alcohol among teens and parents **(ONGOING)**
  - By 2020 the city of Cudahy will have a social hosting ordinance
2. Increased community awareness of available resources for substance abuse and mental health
  - By 2020 the Substance Abuse and Mental Health Task Force will develop and distribute an easy to use brochure listing community resources for substance abuse and mental health **(COMPLETE)**
3. Development of collaborative and sustainable programs between the Cudahy School System and other agencies to address mental health and AODA issues
  - By 2020 the Cudahy School system will develop a collaborative framework with community mental health education/behavioral strategies to educators and school system employees
  - The Cudahy School district is moving forward with trauma informed care education for school personnel

4. By 2020 the task force will host an open forum or panel discussion/presentation to address alcohol abuse and related behaviors, targeted towards parents, teens and other community members.
- **Action Items:**
    - Krystal will contact Lt. Blunt to review the next steps for developing a social hosting ordinance in Cudahy
    - Dennis will check if CHS has space available for use on March 14<sup>th</sup> at 5:30/6:00PM-8:00PM to host the open forum or panel.
      - Abby will contact *Rise Together* to see if they can attend the open forum or panel. CHD has already paid for their services.

**Next Meeting will be held at the Cudahy Health Department on February 18, 2016 at 8:00AM.**

#### Summary of Action Plan

Action Item	Status Update
Dennis will confirm space at the CHS for open forum	In progress
Krystal to attend the Neighborhood Watch meeting on 1/27/16 at 6PM at St. Luke's South Shore to raise awareness of the Sharps and Medication Disposal programs at CHD.	In progress
Krystal to contact Debby for addition to Project Concern Newsletter.	In progress
Krystal will contact Lt. Blunt to review the next steps for developing a social hosting ordinance in Cudahy	In progress
Abby will contact <i>Rise Together</i> to see if they can attend the open forum or panel. CHD has already paid for their services.	In progress