

November 21, 2016



**Public Health**  
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Cudahy Health Department

## Physical Activity and Nutrition Task Force Meeting Minutes



Date: November 18, 2016

Attendees: Abby Demler, Lynn Stoeveken

1. Walk in Warnimont Review: On Hold Until January Meeting
2. It's Your Health! Lunch N Learn Series: 2<sup>nd</sup> edition
  - a. Spring Lunch n Learn- 5 session series
    - i. Begin in April or May
    - ii. Integrate the Memory Café in Cudahy at Joe's K Ranch and (tentative) walking group.
  - b. Topics and presenters should be finalized in January meeting
3. Mini grant application through AmericaWalks. This grant would be in partnership with South Shore Connecting Communities and the Memory Café in Cudahy. It will be a kick off event to the ribbon cutting ceremony for the Memory Café in Cudahy and the walking group, if funded.
4. Little Food Pantry Update: The Little Food Pantry will not be implemented in Cudahy due to concern regarding safe temperature monitoring of the storage area. More conversation to turn the little food pantry box into a little "supply" box. More to discuss in 2017 meetings.
5. 2017 Goals:
  - a. Update on the progress toward task force goals was given. According to the 2015 Aurora Community Survey, the amount of residents self-reporting as overweight has increased from 67% in 2012 to 76% in 2015.
  - b. The task force has been working hard to increase outreach efforts. These efforts will be reflected in updated goals for 2017.
6. Announcements
  - a. EatPlayGrow began at the Cudahy Acelero Site. It was a successful start to the program.

### Summary of Action Plan

Action Item	Status Update
Nutrition Summit- panel/invitees	On Hold
Candy Collection	On Hold until 2017
Lunch n Learn Dates for Spring 2017	In Progress
2017 Goals Updating	In Progress

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- 1. THERE WILL BE NO DECEMBER 2016 TASK FORCE MEETING. The next meeting will be January, 20 from 9-10AM.**