

June 24, 2016



Public Health
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Cudahy Health Department

Physical Activity and Nutrition Task Force Meeting Minutes



Date: June 17, 2016

Attendees: Abby Demler, Erin Miller, Dianna Bartelt, Allie Dorszynski

1. Water You Drinking?
 - a. Group agreed the template/tool was useful. Months discussed to implement tool to a larger group: July, August, or September
Action Item: Abby to discuss implementation among City employees with Katie
2. It's Your Health! Lunch n Learn
 - a. June topic: Diabetes. Jennifer Neubauer from Wheaton will be presenting; Krystal from Health department will be supporting her.
 - b. July topic: Fit Feet with Allie, Dr. Nguyen, and Ross and Rogan's
Action Item: Abby to follow up with Rogan's to remind of event.
Action Item: Abby to send out updated flyer reflecting topic changes.
Action Item: Abby talk with Krystal about quarterly medication collection days.
3. Cudahy Farmer's Market:
 - a. Cancelled due to lack of vendor interest.
 - i. Cudahy will be having a
 - b. Hunger Task Force Hunger/Poverty Simulation
 - i. Who to invite? Key stakeholders and community orgs that deal with food security.
 - c. Community Bread Day: area senior centers have bread donations, but Kelly Senior Center currently does not. Partnership with project concern or other to have bread available at senior center once monthly?
 - d. Nutrition Summit:
 - i. Invite key players in the community working with health and nutrition
 - ii. Host in the evening to ensure attendance
 - iii. Invite various speakers to offer a variety of topics
 - iv. Make the presentation "worth while" and relevant
 - v. Date to be set/discussed at next meeting

Action Item: Abby will send out GoogleDoc shortly.

Action item: ALL update GoogleDoc with ideas of community orgs/people to reach out to for simulation and for summit

Action Item: Abby to gather details regarding Cudahy Community Garden Project

Action Item: Allie to email Wendy and Sandra to gain insight and perspective for the summit.

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- 4. FireFly Walk:
 - a. The group decided to host a walk on Friday, October 7th.
 - b. Kelly Senior Center welcoming to host the event
 - c. FireFly walk or other theme?Details to be determined at next meeting

Action Item: Abby to reach out to parks department for permit application
- 5. Candy Collection:
 - a. Collection to be the 1st weeks in November (1st – 11th) at various sites within the community
 - b. Advertisement will begin the last 2 weeks of October
 - c. Details on collection bins, process, and sites to be determined at the next meeting

Action Item: Abby will create a GoogleDoc. ALL please fill out as you get ideas on where to place collection bins
- 6. Announcements:
 - a. Cudahy Health Department receive a \$45,000 grant from the Wisconsin Partnership Program at UW College of Medicine and Public Health to implement EatPlayGrow curriculum in effort to increase the health of Cudahy’s youth
 - b. Cudahy Family Library Community Blood Drive will be hosted on June 28th- Please donate! The Blood Center of Wisconsin is out of blood.
 - c. The next meeting will be held at the Kelly Senior Center.

Summary of Action Plan

Action Item	Status Update
It’s Your Health! Lunch N Learn/Medication Collection	Complete/Inprogress
Cudahy Farmer’s Market	Cancelled, other outreach ideas in progress
FireFly Walk	Date set for October 7 th
Candy Collection	In Progress

7. Next Meeting: KELLY SENIOR CENTER. Friday, July 15, 2016 at 9:00-10:00AM