

July 15, 2016



Public Health
Prevent. Promote. Protect.

Cudahy Health Department

Physical Activity and Nutrition Task Force Meeting Minutes



Date: July 15, 2016

Attendees: Abby Demler, Lynn Stoeveken, Mary Steffenhagen, Dianna Bartelt, Allie Dorszynski

1. Water You Drinking?
 - a. Water You Drinking? Challenge will be implemented among City of Cudahy Employees in August
 - b. Incentives are in the planning phase. The group will provide ideas for 3 prize categories
 - c. Suggestion made to include water quality information for City of Cudahy, with an emphasis on Lead due to its discussion in the news lately. Information will be shared about blood-lead testing for children and pregnant mothers also.

Action Item: Abby to discuss implementation among City employees with Katie

Action Item: Allie will see if Water Bottles are available for donation. Other group members will see if they have any other promotional materials.

2. Nutrition Summit Updates:
 - a. Continued discussion about who should be invited to the summit and possible panel presenters. Discussion about presenters being those who work with target populations.
 - b. The two individuals that Allie reached out to have not yet gotten back to her. We will be possibly gain insight from individuals during upcoming EatPlayGrow curriculum focus groups.

Action Item: Follow-up with Krystal regarding focus groups in Sept.

3. It's Your Health! Lunch n Learn
 - a. July topic: Fit Feet with Allie, Dr. Nguyen, and Ross and Rogan's
 - b. Next planning session involving multiple presenters, Abby will coordinate a meeting among those involved to ensure everyone is on the same page
 - c. The program director, Beth, will be on site to observe on Tuesday.

Action Item: None

4. FireFly Walk
 - a. Save the date! Friday October 7, 2016 6-9PM at Kelly Senior Center
 - b. New name for the walk: A Walk In Warnimont
 - i. Will help us to change the topic each year to a different focus
 - c. Waiting on finalized application to send out save-the-dates to public and community organizations

Action Item: None

5. Candy Collection:

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CUDAHY HEALTH DEPARTMENT

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- a. Collection to be the 1st weeks in November (1st – 11th) at various sites within the community
 - b. Advertisement will begin the last 2 weeks of October
 - c. Details on collection bins, process, and sites to be determined at the next meeting
Action Item: Abby to research donation non-profits associated with the troops across seas.
6. Announcements:
- a. Blood Drive was successful- 35 donators.
 - b. HCC was award a grant through the Alliance for Wisconsin Youth. A portion of this grant will go toward medication collection from home-bound community members.
 - c. Walk to End Alzheimers is Sept 18, join the “Healthiest Cudahy Collaboration” on the website to walk and learn more about dementia and Alzheimers. Cudahy is working toward becoming a Dementia-Friendly Community.
 - d. September 30th is the Health and Resource Fair at the Kelly Senior Center!

Summary of Action Plan

| Action Item | Status Update |
|--|----------------------|
| Water You Drinking? Materials and incentives | In progress |
| Nutrition Summit- panel/invitees | In progress |
| Walk in Warnimont, awaiting application status | In Progress |
| Candy Collection research for troops over seas | In Progress |

7. Next Meeting: Cudahy Health Department Friday, August 19, 2016 at 9:00-10:00AM