



Healthiest Cudahy Collaboration

Community Caring for Community

Mid-Year Update

The Healthiest Cudahy Collaboration started off the year with a bang! Since January 2016, 11 new members have joined our efforts to address the health needs of our community. Each Task Force met to revisit and update their goals, with a focus on engaging and interacting with community members in mind. The Annual HCC Meeting was held in April to review these goals and to discuss any new or standing issues and ideas. If you would like to review the minutes from this meeting, visit the Cudahy Health Department Website or call 414-769-2239. The HCC is excited to announce its membership in the Alliance for Wisconsin Youth, a collective group of coalitions in Southeast Wisconsin.

Please see the information below for more exciting updates from each Task Force!

Thank you for your commitment to address our community's health needs!

MENTAL HEALTH & SUBSTANCE ABUSE

GRANT AWARD

Medication Take-Back

The Alliance for Wisconsin Youth provided financial support to fund prescription medication collection from home-bound residents in effort to safely recycle and keep unused and expired medication out of the hands of children.

1,198 reached

HCC participated in the Light & Unite Red Campaign to provide education on substance abuse

39 attendees

The Mental Health & Substance Abuse: An Honest Conversation open forum was a powerful event that shed light on the concerns of the community.

HEALTHY GROWTH & DEVELOPMENT

2 WORKSITES

Breastfeeding has been shown to provide health benefits for mother and baby. In order to better support breastfeeding mothers, the HCC has partnered with employers in the community to establish breastfeeding friendly worksites.

23 ASQ's

The ASQ is an evidence-based tool used to evaluate a child's growth and development.

Up Next...
1st Annual Community Birthday Party!

PHYSICAL ACTIVITY & NUTRITION

78 attendees

IT'S YOUR HEALTH!
Lunch N Learn Series

Each month at the Kelly Senior Center through November, a presentation will be delivered based on topics identified by participants.

"Great work!"

**-Beth Monrial Zatarski,
Senior Dining Program Director**

GRANT AWARD

EatPlayGrow

Prevention of childhood obesity was selected by the community as a priority area for the Cudahy Health Improvement Plan. Implementation of this project will assist with improving the health and well-being of the Cudahy community.



Public Health
Prevent. Promote. Protect.
Cudahy Health Department

"Cudahy organizations and citizens working together to address the health needs of the community."