

Task Force Meeting Minutes

Date: February 19, 2016



Participants present: Abby Demler, Allie Dorszynski, Lynn Stoeveken

1. Announcements:
 - a. Wheaton Franciscan has welcomed new physicians.
2. 2016 Task Force Outreach Efforts
 - a. Kelly Senior Center: aim to provide education bi-monthly. See update below.
 - b. Cudahy Farmer's Market: Add a passport to increase engagement with public.
 - i. Nutrition/Food Passport for children and separate one for adults to encourage new foods and farmer's market attendance.
 - ii. News foods for kids: "What did you try? How did you eat it/prepare it?" Possible incentive for community members who complete the passport by a certain date.
 - c. Nutrition & Wellness Forum
 - i. The task force discussed hosting this forum in late summer during the growing season and hosting it as an event at the Cudahy Farmer's Market.
 - ii. Title suggestion: "Nutrition over the Lifespan" for advice and education for all ages.
 - iii. Inviting a panel of professionals from different specialties to discuss nutrition and wellness
 1. Possible outreach opportunity for new Wheaton physicians to engage with Cudahy residents
 - d. Dog Park/Walk and pet Costume Contest in October to encourage walking and bring the community together
 - i. Suggestion to have a donation for the dog park or other organization to benefit pets? Humane Society?
 - ii. Donation for prize for best costume=
 - e. 2017:
 - i. Wellness competition among HCC members. Original plan was to challenge each task force, but it was suggested to challenge individuals. This may be more effective. More information to come.
 1. Challenge the Mayor or Challenge HCC Coordinator?
 - ii. A wellness initiative with the Mayor. Review Oak Creek's efforts in a similar program.
3. Kelly Senior Center: Educational Outreach update
 - a. The Kelly Senior Center is excited to have us present educational information to their guests on a bimonthly basis beginning in June.
 - b. Mondays and Fridays are not good; the 2nd Tuesday of each month is not good.
 - c. Allie is looking to provide education on healthy feet/proper shoes in June and may be partnering with Lynn at Wheaton.

- i. The idea to partner with shoe stores to offer massages came up. We will discuss this further next month.
 - ii. Heather, a nursing student intern at the health department, will be presenting on safety and fall prevention on February 25th.
- 4. Final report on Light & Unite RED
 - a. Thank you to everyone who participated and helped to spread educational information! The campaign was successful with various businesses, organizations, and other agencies participating throughout Milwaukee County.
- 5. Mental Health & Addiction: An Honest Conversation
 - a. **March 10th at Cudahy High School Auditorium. Event begins at 6:00PM, doors open at 5:30PM.**
 - b. Flyers were passed out at the task force meeting and will be attached to the email along with the minutes. Please spread the information with any and every one you think may be interested in joining. The event is free and open to all public ages 10 and older. This will be a presentation, as well as a Q&A presentation.

Next Meeting:

Friday, March 18th at 9:00-10:00AM at the Cudahy Health Department

Summary of Action Plan

Action Item	Status Update
Partnering for education outreach at KCC	Allie and Lynn, in progress
Research dog park in Cudahy	Abby, in progress
Krystal to continue communication with BCBS	In progress
Abby will check with Katie to make sure we can distribute the newsletter throughout the community.	Complete
Develop Monthly Newsletter	Abby, Ongoing
Community Fitness and Nutrition events to be submitted to City Hall; Kelly Sobieski.	All members of task force Ongoing
Review Mayor's Fitness Challenge and what it involves	Abby Demler On HOLD
Invite All Abilities Playground Organizer to present at future meeting	Abby Demler On Hold
Explore city ordinance requiring calories to be indicated on restaurant menus	On hold
Task Force Goals to be revised to reflect new initiatives to present to task force at February meeting	Complete



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