

## PRESCRIPTION DRUG & NEEDLE DISPOSAL

### **Cudahy Police Dept. for Cudahy residents only.**

Bring medications to the Cudahy Police Department drop box. 5050 South Lake Drive, Cudahy WI 6am – 6pm in their original bottle. Black out any personal information.

**Cudahy Health Department:** for Cudahy residents only. Bring sharps in sealed puncture proof container to the Cudahy Health Department, 5050 South Lake Drive, 8am – 4:30pm, Mon. – Fri. A photo ID with proof of residency required

**Lifepoint** a needle exchange program throughout the state of Wisconsin. <https://www.facebook.com/LifePointNeedleExchange/timeline> Call 414-581-6169 to schedule an appointment. Roving van in Milwaukee areas on Friday.

**Aids Resource Center of Wisconsin** 414-225-1608 Provides Free HIV, STI and Hepatitis C Testing, Life point needle exchange, and access to counseling 3716 W. Wisconsin Avenue. [www.arcw.org](http://www.arcw.org)

**A list of Milwaukee County Needle Disposal Sites** [city.milwaukee.gov/ImageLibrary/Groups/healthAuthors/DCP/PDFs/Env-health/sharpspamphletR12-10.pdf](http://city.milwaukee.gov/ImageLibrary/Groups/healthAuthors/DCP/PDFs/Env-health/sharpspamphletR12-10.pdf)

## FOOD & CLOTHING

### **Project Concern** 414-74-0645

Mon 9am-noon & 3pm-6pm, Wed & Fri 9am-noon, 1st Sat of the month 9am-11am  
4611 S Kirkwood Ave, Cudahy

### **Family Life Center** 414-762-0552

Tuesdays 10:00 a.m. to Noon  
Thursdays 10:00 a.m. to Noon  
1441 W. Oakwood Rd., Oak Creek, WI 53154

In the event a pantry is closed when you are having a food crisis contact **IMPACT 211**  
phone: 2-1-1  
toll-free: (866) 211-3380

## ABUSE & DOMESTIC VIOLENCE

**Cudahy Police Department** 414-769-2260

**Child Protective Services** 414-270-7233

**Adult Services** 414-289-6660

**Department on Aging** 414-289-6874

**24 HR Domestic Violence Hotline** 414-933-2722

**Milwaukee Women's Center** 414-671-6140

24 hr. crisis line. Emergency shelter for women and children, mental health services, Batterers treatment program, education and support, case management, addiction treatment

**Sojourner's Family Peace Center** 414-276-1911

Emergency shelter for women and children, Batterers treatment program, education and support, life skills, advocacy and legal advice

**Aurora Sinai Medical Center's Sexual Assault Treatment Center/ 24 Hour Help/Crisis Line** 414-219-5555

Confidential counseling, nursing support, information, and referral services to those with questions or anyone who has experienced sexual assault or abuse

**Latina Resource Center**

24/7 Bilingual Crisis Hotline: (414) 389-6510

## LEGAL & FINANCIAL

**Milwaukee County Assistance Program**

[www.needhelp-payingbills.com/html/milwaukee\\_county\\_assistance\\_pr.html](http://www.needhelp-payingbills.com/html/milwaukee_county_assistance_pr.html)

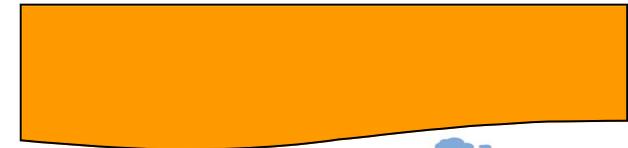
**Legal Aid Society of Milwaukee** 414- 727-5300 Hours:

Mon-Fri, 8:00 AM-4:30 PM  
Free legal advice to Milwaukee Co.  
521 North 8th Street, Milwaukee, WI 53233

**Legal Action of Wisconsin** 414-278-7714

### Collaboration Contact Information

Cudahy Health Department  
5050 South Lake Drive  
414-769-2239



## Healthiest Cudahy Collaboration

Community Caring for Community

## RESOURCE GUIDE FOR MENTAL HEALTH AND SUBSTANCE ABUSE

## CRISIS HELP AND RESOURCES

The Collaboration's mission is to inspire and empower the Cudahy community to choose healthy lifestyle choices through partnership, collaboration, and support. Collaboration working groups are: Wellness, Positive Parenting/Youth Advisory, and Mental Health/Substance Abuse. Join us in making a Healthier Cudahy.

**IMPACT** 2-1-1, toll-free: (866) 211-3380, [mpactinc.org](http://mpactinc.org) Resource clearing house for multiple needs, such as food and housing

**SUICIDE HOT LINE** 1-800-273-8255

**SUICIDE PREVENTION LIFELINE**

1-800-273-TALK (1-800-273-8253)

**CRISIS LINE, 24/7** 414-257-7222

**Boys Town National Hotline**

1-800-448-3000 (parent, family & teen concerns)

**National Runaway Switchboard**

1-800-RUNAWAY (1-800-786-2929)

**Walker's Point Youth and Family Center**

414-647-8200 (24 hr. crisis line)

**Pathfinders** 414-271-1560 [pathfindersmke.org/about/](http://pathfindersmke.org/about/) Youth crisis services including shelter and counselling

**Milwaukee County Mental Health Complex**

**Crisis line/mobile team** 414-257-7222,

414-257-6300 TDD

**Psychiatric Crisis service/Admitting Ctr.**

414-257-7260

**Crisis Walk in Center** 414-257-7665

**MUTT** (Mobile Urgent Treatment Team)

414-257-7621

## MEDICAL CARE & HEALTH RESOURCES

**Aurora Walker's Point Clinic** 414-546-3733

Mon-Fri 9am— 5pm

130 W Bruce St. Milwaukee. Medical care

**Greater Milwaukee Free Clinic** 414-546-3733

Tues & Thurs. open @ 5:30pm

9330 W Lincoln Ave. Medical care

**Open Door Clinic** 414-481-1778

[opendoorfreeclinic@gmail.com](mailto:opendoorfreeclinic@gmail.com)

Open first Sat. sign in @ 9:15am and alternating Wed.

Arrive before 4:30pm for sign in, patients seen 6–8:30pm.

Call or check the website for schedule.

1025 East Oklahoma Ave., Milwaukee, Wisconsin 53207

**Aids Resource Center of Wisconsin** 414-225-1608

Provides Free HIV, STI and Hepatitis C Testing, Life point

needle exchange, and access to counselling

716 W. Wisconsin Avenue. [www.arcw.org](http://www.arcw.org)

**Access Clinic** 414-257-7665 (South Clinic) 414-316-4156,

Community based initial mental health/assessment .

Uninsured residents of Milwaukee County only

804 W Greenfield Ave. Milwaukee, WI 53204

**Aurora St. Luke's South Shore Behavioral Health Intake**

414-489-4173

**Children's Hospital Behavioral Health Intake**

414-266-3339 (nonemergency)

**Rogers Memorial Behavioral Health Intake**

1- 800-767-4411

**Wheaton Behavioral Health Intake**

414-874-4560

**UMOS** (888) 947-6583 (TTY)711

Mon – Fri 8am– 5pm. Enrollment services: Badger Care, Food Share, W2, Wisconsin Shares (Child Care) and more  
2701 S Chase St., Milwaukee WI 53207

[www.access.wi.gov](http://www.access.wi.gov) online application and eligibility for public benefits in Wisconsin, except health care

[www.healthcare.gov](http://www.healthcare.gov) or 1-800-318-2598 or (TTY) 1-855-889-4325

**Local health departments:**

Cudahy 414- 769-2239

Milwaukee South Side Center 414-286-8620

South Milwaukee 414-768-8055

St. Francis 414-481-2300

## ALCOHOL & OTHER SUBSTANCES

**First Step Recovery 414-342-6200**

provide detox and residential AODA services

**Alcohol Anonymous** 414-771-9119, [www.aa.org](http://www.aa.org)

Meeting dates may change, call to check on dates

**St. Luke's South Shore Hospital** - Sat 10:30am.

5900 S. Lake Drive, Cudahy WI 53110

**St. Mark's Church** - Sun 7:30pm

3515 E Van Norman Ave, Cudahy WI 53110

**Cudahy United Methodist Church** -

Mon. & Wed. 10 AM, Sat. 7pm

5865 S Lake Drive,

**First Congregational Church** -

Mon. 7:30pm men and women's group,

Tues. 7:30pm, Wed. 8 PM, Fri. 7:30pm

1111 S Chicago Ave., So. Milw., 53172

**The Nativity of Our Lord**

3658 E Plankinton Ave., Cudahy 53110

Tues. 10am, Fri. 10 AM, Sat 10am

**Alanon/Alateen 414-257-2415**

**Narcotics Anonymous** 1-866-913-3837,

24-Hr Milwaukee Info Line [www.na.org](http://www.na.org)

**Nar- Anon:** [www.nar-anon.org](http://www.nar-anon.org)

**Nar-anon of Oak Creek:** support group for anyone

affected by someone else's addiction. Meets Tues.

6:30pm, Oak Creek Community Center

8580 S Howell Ave., Oak Creek WI

## RECOMMEND WEBSITES

[www.niaaa.nih.gov/alcohol-health](http://www.niaaa.nih.gov/alcohol-health) for information on alcohol, self-assessment tools and how to choose a treatment

**Wisconsin Quit Line** 1-800-QUIT NOW 784-8668

Free education, support, counseling and links to low cost or free smoking medication

[www.ctri.wisc.edu/quitline.html](http://www.ctri.wisc.edu/quitline.html)